

RESILIENCE, RIGHTS AND RESPECTFUL RELATIONSHIPS EDUCATION



Our Holy Redeemer is proud to be a partner school in the Victorian Government's Resilience, Rights and Respectful Relationships initiative. The purpose of the Respectful Relationships Education is to support schools in promoting and modelling respect, positive attitudes and behaviours, and to teach our young people how to build healthy relationships, resilience and confidence.

At OHR we believe everyone in our community should belong to a safe and supportive environment where the gospel values of respect, compassion and justice guide our relationships. We know that respectful attitudes and behaviours can be achieved when positive attitudes, behaviours and equality are embedded in our education settings. Respectful Relationships is about fostering a culture of respect and equality across our entire community, from our classrooms to staffrooms, sporting fields and social events. This whole school approach leads to positive impacts on student's academic outcomes, their mental health, classroom behaviour, and relationships between teachers and students.

The Resilience, Rights and Respectful Relationships (RRRR) learning materials are mapped to the Victorian Curriculum and cover eight topics of Social and Emotional Learning across all levels of primary and secondary education:

1. Emotional Literacy
2. Personal Strengths
3. Positive Coping
4. Problem-solving
5. Stress Management
6. Help Seeking
7. Gender and Identity
8. Positive Gender Relationships

Education Program

The *Respectful relationships education program* takes a developmental approach to content and delivery. Over the years of schooling from Foundation through to Year 12, students will be exposed to learning opportunities that help them build respectful relationships in their lives.