



# OUR HOLY REDEEMER

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Principal  
Frank Dame

Parish Priest  
Brendan Reed

Newsletter No 29  
18<sup>th</sup> September 2020

*"A holiday is an opportunity to journey within.  
It is also a chance to chill, to relax.  
It is when I switch on my rest mode."*

Prabhas

## DATES TO REMEMBER

FRIDAY, 18<sup>TH</sup> SEPTEMBER  
1.00 PM

FOOTY COLOURS DAY  
TERM 3 CONCLUDES

MONDAY, 5<sup>TH</sup> OCTOBER

REMOTE LEARNING RESUMES

MONDAY, 12<sup>TH</sup>

P-2 STUDENTS RETURN

### FROM THE PRINCIPAL

Dear Parents,

Kindness was once regarded as a Knightly Virtue. Knightly virtues were part of every medieval Knight's code of honour and were standards that Knights tried to adhere to in their daily living and interactions with other people. Thanks to the Australian Kindness Movement, kindness has not been left behind in the middle ages.

The Australian Kindness Movement tells us that, "Participating in regular small acts of kindness is beneficial to your health, longevity and wellbeing; making the decision to be a little kinder will bring more pleasure and direction to your life than ever before." What's more, "The practice of being kinder is a simple way to make your life more joyful and fulfilling. So, relax, enjoy, be friendly, laugh, be playful, help others. Focus on the things you enjoy rather than on the things that annoy." This is sound advice as we spend a disproportionate amount of time thinking about negative or painful situations, ruminating and replaying what's not working in our lives. It's not just you. Statistics claim 80 percent of our thoughts are negative, and 95 percent repetitive. Strangely, the more negative an experience, the more we return to it. Our current state of wellbeing is not helped by the pandemic. Yet in the midst of all that is gripping us, we can still improve our current disposition by being kind. A kind person is one who is described as being friendly, generous, warm-hearted, sympathetic, considerate, gentle, affectionate, forgiving. Where kindness blossoms or lies dormant depends on whether it is nurtured. Parents and teachers have the ability to instil kindness in children by being supportive and affirming. If children learn to understand how others think and feel, they will better understand how their choices affect other people.



If we act in a kindly manner and do things in the same way we expect our children to act and do, then our children will have a much better chance to be kind people. By way of example, I'd like to share the following story. Last January while we were holidaying in Noosa Heads, Janet and I caught one of the free shuttle bus services that operate over the Christmas holiday period. We were travelling from Noosa to Sunshine Beach. The journey takes between 15 – 20 minutes. On this particular day we had a female bus driver. We noticed that she greeted every individual that stepped onto the bus with a cheery, 'Good morning'. She made it a habit to engage in a little friendly banter with every person, whether they were locals or visitors. As each person

disembarked the bus, from the elderly through to the teenagers with skateboards, she would wish them a good day and they would reply in kind. Every passenger, without exception, either thanked the driver or wished her a good day. Her genuine zeal and kindness had a profoundly positive impact on everyone's day.

Kindness is the Gospel Value that will form the school's focus during Term 4.

### **We are Almost There**

I believe I speak on behalf of everyone in our school community when reflecting on the fact that this has probably been one of the most challenging school terms of our lifetime.

I want to acknowledge the incredible work of our parents who have supported their children in the context of the flexible and remote learning environment. The fact that many parents are working from home while juggling the daily learning program, has not been lost on the leaders and staff at OHR, and for this commitment we are truly grateful.

I am incredibly proud of the teaching staff and learning support officers who have adjusted to new ways of teaching and learning, and have similarly worked incredibly hard to ensure educational continuity and support for the wellbeing of the students in our care. All the while, they have been careful not to compromise the learning and welfare of their own children at home. From the feedback received, I know these efforts have been greatly appreciated by our parents who are facing their own work-life challenges.

Further challenges await us in Term 4, but I am hopeful that the future will bring a restful holiday break before the phased return to onsite learning that so many of us are eagerly anticipating.

At this stage, with all going well on Victoria's Roadmap for Reopening, the first week of Term 4 will see a continuation with our remote learning program prior to the phased return of students in Prep-Year 2 to onsite learning, commencing in Week 2.

Additionally, OHR is putting into place practices that will:

- ensure children starting in Prep in 2021 can meet their new classmates and teachers and familiarise themselves with the school setting;
- enable the Year 6 students to mark the milestone of completing primary school;
- focus on the re-engagement of all students, the re-establishment of school routines and undertaking the steps necessary to prepare for and complete successful transitions into 2021; and
- work with secondary schools to support the transition process for Year 6 students.

In the meantime, I pray that you and your families are holding up during this challenging time and look forward to better days ahead for all of us.

### **Rotary Club of Mont Albert and Surrey Hills**

Some time ago our school took up the invitation from the Rotary Club of Mont Albert

and Surrey Hills to participate in their book drive for the school community in Carlisle Bay Solomon Islands. Last week I received a letter of appreciation from the Rotary Club acknowledging the generosity of our school community and that of Holy Trinity Church, who also responded to the call.

Further in today's Newsletter are photos of the school community making the most of the donated books.



### **eSafety Commissioner's Advice**

In light of the disturbing social media content that has been circulating recently, the eSafety Commissioner advises:

- Anyone who encounters disturbing content should report it immediately on the social media platform where the content was seen or to eSafety. Instructions on how to make a report are available on the eSafety website [www.esafety.gov.au/report/illegal-harmfulcontent](http://www.esafety.gov.au/report/illegal-harmfulcontent)

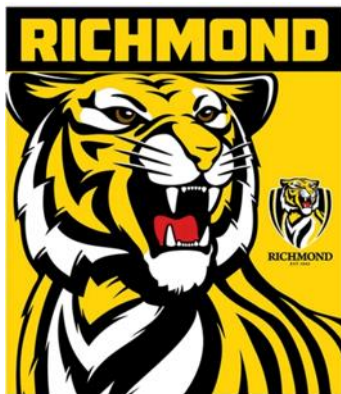
- Young people can respond differently to highly distressing events. Some will seek immediate assistance from their parents, carers or teachers, while others may be less inclined to do so. It is important for young people to know that there is no 'right' way to respond to upsetting or disturbing online events. Young people also need to know that they are not alone, and help is available from trusted adults, friends and professional support services.
- In addition to the support services schools already offer to students, parents are encouraged to make use of specialist services including:
  - Kids Helpline – 1800 55 1800
  - headspace – 1800 650 890
  - Beyond Blue – 1300 22 4636.

### Footy Colours Day is Tomorrow

In recent Newsletters, Mrs Golds has been pumping up Footy Colours Day. The last two Virtual Assemblies have also contained messages from the school captains, vice captains and myself about the day. Further details can be found in today's Newsletter.

Tomorrow morning your child's classroom teacher will send out a comprehensive program of fun activities, prepared by Mrs Golds, which are guaranteed to keep your children engaged. You might not get to all the activities tomorrow and that is fine, but you may choose to also complete some during the holidays. In line with Mrs Golds' mantra – the day is about getting active and moving. Make sure you watch the video at the very start of the program, which contains some special guests guaranteed to delight/surprise yourself and the children.

The classroom teachers will not be conducting Google Meets tomorrow as they will be involved in planning for Term 4.



### CSEF

The Victorian government through the Camps, Sports and Excursions Fund (CSEF) provides a \$125 payment per year for eligible students to ensure no student will miss out on the opportunity to join their classmates for important, educational and fun activities.

Applications are currently open and will close on 27 November 2020

Application eligibility criteria: Holder of a Veterans Affairs Gold Card or Centrelink Health Care Card or Pensioner Concession Card or a temporary foster parent (further details in the form found further in today's Newsletter).

The one-page application form is available on the website:

<https://www2.education.vic.gov.au/pal/camps-sports-and-excursions-fund/resources>

### Changes to the AFL Grand Final Public Holiday

The Premier of Victoria has recently announced that the Friday public holiday before the AFL Grand Final will be moved from its original date (Friday 25 September) to **Friday 23 October 2020**.

Friday 23 October 2020 will now be the prescribed public holiday and Friday 25 September 2020 will no longer be considered a public holiday declared or prescribed by the Victorian Government. The Friday public holiday before the AFL Grand Final is based on the AFL playing schedule, which was altered as a result of COVID-19.

**Year 6's Learning from Home**

Our Year 6 students have been engaging in all aspects of our Learning from Home program. Here are some examples ...



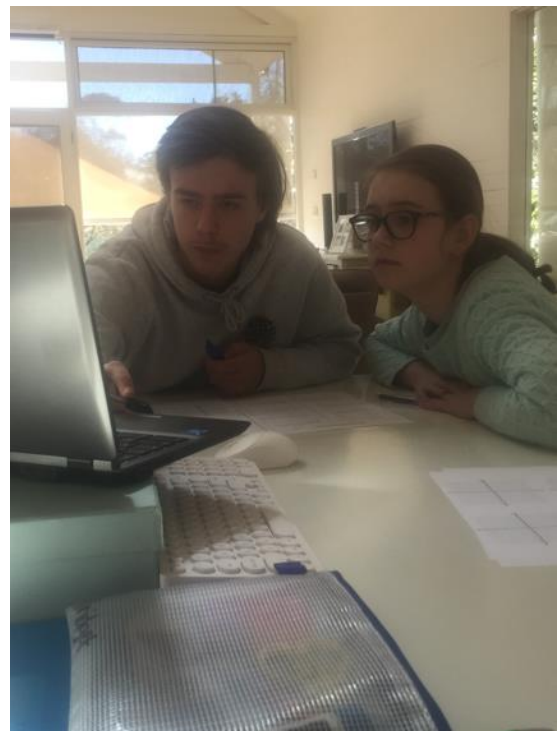
Owen planting his seeds for Sustainable Gardening



Ryco also got to work planting his seeds in the garden

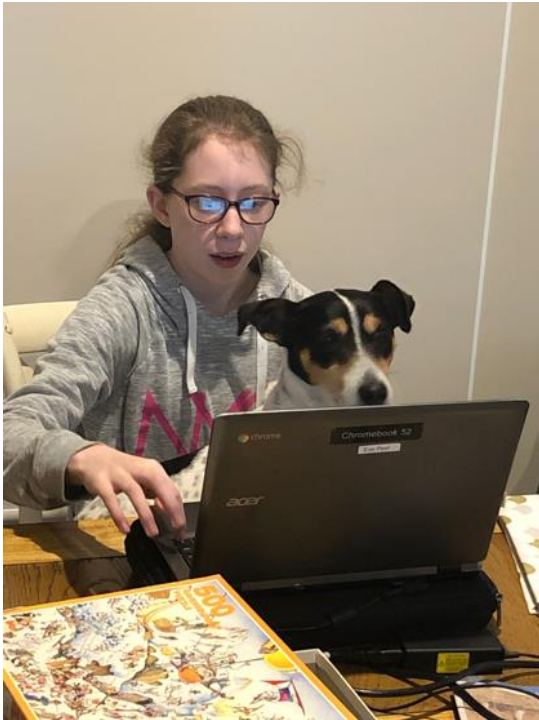


Will getting on with his art piece



Bridget receiving a little help from James

# Year 6's Learning from Home



Eve with her PA – Bob!



Beatrice has been putting in the hours

## **OHR Family Reflections: Time Extension**

Over the past month, via Virtual Assemblies and school Newsletters, our school captains have been encouraging each family to prepare a page that will go towards a book reflecting how our school community have managed this time of COVID-19. The page will need to be **A3** in size and **landscape** orientation. A **margin of 12mm** should be left around the perimeter allowing for eventual binding. The page should include the **family surname** and be a reflection of how the family managed this time. This may form a collage comprising a combination of any of the following: stories, drawings, artwork, photos of the family engaging in activities together, poems, words, recipes, song lyrics, celebrations shared during COVID-19 time, anything that is appropriate ...

The captains would like to remind each family to make a **PDF** copy of their completed page and email it to [principal@ohrsurreyhills.catholic.edu.au](mailto:principal@ohrsurreyhills.catholic.edu.au)

Recognising that many families currently have a lot on their plate, we would like to offer an extension of time for when the family reflections are due. The school holidays may offer additional time to see to this task. Therefore, contributions will still be gratefully accepted up to **Thursday 8 October**.

Thank you for the contributions that have already been submitted.

Wishing everyone a relaxing holiday break,

Frank Dame

## Merit Awards

Class	Name	For ...
Prep HH	All Preps	All doing a brilliant job at preparing, writing and delivering such amazing speeches. You have made us so proud and you should be bursting with pride!
Prep HT		
1/2DE	Betty J	Your outstanding application to all remote learning tasks. Well done Betty!
1/2HN	Charlie C	Applying yourself positively to your remote learning tasks and completing work with a great sense of humour and showing good perseverance. Congratulations Charlie!
3/4CP	Harriet J	Constantly challenging yourself in all areas and being a great help at school when onsite.
3/4TK	Josie C	Your outstanding progress in reciting 1-15 times tables accurately and with speed. You are a star!
56DU	Patrick G	For demonstrating the 'sentence fluency trait in your narrative writing and describing your protagonists by using suspenseful figurative language.
56MB	Emily D	Trying hard to maintain a positive attitude and growth mindset during home learning. Keep it up Emily - you are doing an amazing job.

## Social Skills Awards

Class	Name	For ...
Prep HH	All Preps	All your hard work, perseverance, and positive attitude to your remote learning task. Seeing your smiles each day was the highlight of a day.
Prep HT		
1/2DE	Arlo P	Your consistency in completing remote learning tasks at all times. Your work ethic is excellent, well done Arlo!
1/2HN	Amalia R	Continuing to entertain and brighten our daily google meets with your stories and wonderful zest for knowledge that you share with us. Thank you!
3/4CP	Macey C	For always attending our Class Meets and your excellent contributions to class discussions.
3/4TK	Noah S	Your consistency in completing remote learning tasks to a high standard. Your diligence and work ethic is very impressive. You are a star!
56DU	Matilda D	For continually demonstrating resilience in your learning by striving to build knowledge and skills.
56MB	Jessica C	Always demonstrating gratitude and a positive attitude towards your learning.

# RE News

## Sunday Gospel

The liturgy of the Catholic Church provides a framework for reflection which is used by Catholics throughout the world. Each week in the newsletter, you will find the Sunday Gospel as well as some discussion questions to have with your child/ren.

Nick Byrne, Education in Faith Leader

## A reading from the holy Gospel according to Matthew

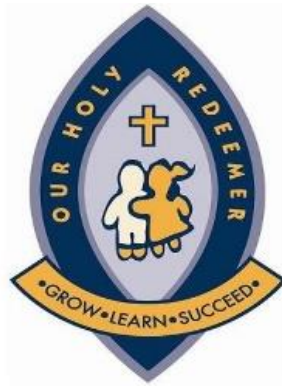
Jesus said to his disciples: 'The kingdom of heaven is like a landowner going out at daybreak to hire workers for his vineyard. He made an agreement with the workers for one denarius a day, and sent them to his vineyard. Going out at about the third hour he saw others standing idle in the market place and said to them, "You go to my vineyard too and I will give you a fair wage." So they went. At about the sixth hour and again at about the ninth hour, he went out and did the same. Then at about the eleventh hour he went out and found more men standing round, and he said to them, "Why have you been standing here idle all day?" "Because no one has hired us" they answered. He said to them, "You go into my vineyard too." In the evening, the owner of the vineyard said to his bailiff, "Call the workers and pay them their wages, starting with the last arrivals and ending with the first." So those who were hired at about the eleventh hour came forward and received one denarius each. When the first came, they expected to get more, but they too received one denarius each. They took it, but grumbled at the landowner. "The men who came last" they said "have done only one hour, and you have treated them the same as us, though we have done a heavy day's work in all the heat." He answered one of them and said, "My friend, I am not being unjust to you; did we not agree on one denarius? Take your earnings and go. I choose to pay the last-comer as much as I pay you. Have I no right to do what I like with my own? Why be envious because I am generous?" Thus the last will be first, and the first, last.'

The Gospel of the Lord

### DISCUSSION QUESTIONS

1. What type of farm is mentioned in today's Gospel?
2. How did the farmer find workers for his vineyard?
3. When did the farmer pay the workers?
4. Why were some of the workers jealous?
5. Can you think of a time when you were cross because someone got more than you?
6. Can you think of a time when you received more than others?
7. How does it make you feel when someone is generous?





## FOOTY COLOURS DAY

**TOMORROW**  
Friday 18th September  
9am-1pm

The students will have lots of fun activities to do  
See the annual staff footy video, not to be missed!!!!

[Click Here to donate on the OHR Primary School Page](#)

**Thank you** everyone we have raised **\$325.00** already donated.

The **money** we **raise** through **Footy Colours Day** funds Fight Cancer Foundation's education support programs. Our programs operate in major paediatric hospitals to help kids with cancer keep up with school while they are in hospital.

[Click here to visit the website](#)

[Footy Colours Day | Fight Cancer Foundation](#)



Fight Cancer  
Foundation™

*Giving hope.  
Saving lives.*



## Carlisle Bay Primary School—Solomon Islands

Below are some photos sent from the above school for our recent International project sending books to the local school. The photos were sent with the attached message:

"The school wishes to convey their sincere acknowledgement for the books and is looking forward to your continuous support in future.

Regards

**Casper Hillary (Mr)**

*Lecturer, Education Department \**

We also acknowledge the donation of books from Our Holy Redeemer school and Holy Trinity church.



## FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

### CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

### MORE INFORMATION

For more information about the CSEF visit  
[www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)

### HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from [www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)

If you applied for the CSEF at your child's school in 2019, you do not need to complete an application form in 2020 unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools in 2020 or you did not apply in 2019.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2020.

Check with the school office if you are unsure.





*Discover how we guide our students to reach their full potential.*

Join us online at 10:30 am on 17 September for a Virtual Information Session. You and your daughter will have the opportunity to hear from our Principal and School Leaders as well as ask questions during our live Q&A session.

Visit [sac.vic.edu.au](http://sac.vic.edu.au) or call 9835 2713 to book your place.



# Join our College Community



**YEAR 7, 2022**  
applications close  
9 October 2020

**Apply now**  
[www.sion.catholic.edu.au](http://www.sion.catholic.edu.au)



**Our Lady of Sion College**  
SPEAKING THE TRUTH IN LOVE Eph 4:15

1065 Whitehorse Road, Box Hill  
Phone: 03 9890 9097  
Email: [info@sion.catholic.edu.au](mailto:info@sion.catholic.edu.au)

Catholic Girls College Years 7–12  
Uncovering excellence within since 1928  
[www.sion.catholic.edu.au](http://www.sion.catholic.edu.au)



**WHITEFRIARS**  
CATHOLIC COLLEGE FOR BOYS



### Meet the Principal

Register now for our virtual Question and Answer session with Principal Mark Murphy at [bit.ly/WFCTour](https://bit.ly/WFCTour)

Applications for Year 7 2022 close October 2020. To apply, please visit [bit.ly/WFCApplication](https://bit.ly/WFCApplication)

[info@whitefriars.vic.edu.au](mailto:info@whitefriars.vic.edu.au) | 9872 8200



# SEPTEMBER HOLIDAY PROGRAM



<p><b>Monday 21st Sep</b> In house \$61</p>	<p><b>Tuesday 22nd Sep</b> In house \$61</p>	<p><b>Wednesday 23rd Sep</b> In house \$61</p>	<p><b>Thursday 24th Sep</b> In house \$61</p>	<p><b>Friday 25th Sep</b> In house \$61</p>
<p><b>Join in on the Scavenger Hunt</b>  Then create your own Rap song and perform on stage <b>Challenge your friends to Noodle Hockey</b> </p>	<p> A secret theme will be revealed. Work together to build something extraordinary. Teams will be judged on creativity, design and teamwork. <b>Investigate "The Case of the Missing Lolly Jar"</b> Game of football in the afternoon</p>	<p><b>Who's 'Dy?</b> Bring along your scooter, bike or roller blades. <b>Don't forget to bring your helmet!</b>  Play a new game called <b>Traffic Lights</b> </p>	<p><b>Join in on the fun @ OHR SHOW'DAY</b> Tattoos, Sand Art, games to play and prizes to win!!  Make a showbag, play basketball toss, ring toss and other fun games to win prizes. </p>	<p><b>Teddy Bear Picnic</b> Bring along your favourite soft toy and morning tea and enjoy a picnic in the reflection garden. <b>Camping Afternoon</b> Play a new game called Park Ranger. Tell funny stories in our makeshift tent. Then make some Damper for afternoon tea. </p>
<p><b>Week One</b> Menu A delicious fruit and veggie platter served with an assortment of Sandwiches <b>Monday 28<sup>th</sup> Sep</b> In house \$61 <b>We are celebrating everyone's birthday today.</b> <b>Come along and join in on the party games and party food</b> </p>	<p>A nutritious fruit and veggie platter served with a selection of crackers and cheese <b>Tuesday 29<sup>th</sup> Sep</b> In house \$61  <b>Play Balloon Ping Pong and minute To win it games.</b> <b>Food Art using healthy, nutritious food.</b> </p>	<p>Tasty fresh Fruit Salad and Yoghurt topped with a flavoursome Berry Granola <b>Wednesday 30<sup>th</sup> Sep</b> In house \$61 <b>Chill out eating popcorn whilst watching some of the greatest animated short movies.</b>  <b>Join in on some team challenges.</b> </p>	<p>A yummy fruit and veggie platter served along with rice cakes and toppings. <b>Thursday 1<sup>st</sup> Oct</b> In house \$61 Make homemade Puffy Paint Make a mini game to play with your friends and make <b>AWESOME</b> Juggling balls! </p>	<p>Awesome Fruit kebabs with toasted marshmallows and home-made warm Damper served with butter and jam <b>Friday 2<sup>nd</sup> Oct</b> In house \$61 <b>Free Time Friday</b> That's right- it's Free Time Friday. You get to choose how you would like to spend your time at the program today. </p>
<p><b>Menu</b> A Tasty fruit and veggie platter and a Fairy Bread treat</p>	<p>A healthy fruit and veggie platter served with delicious Parfaits.</p>	<p>Yummy fresh fruit salad and toasted cheese or baked beans sandwiches.</p>	<p>A Fruit and veggie platter served with OHR's trail mix</p>	<p>A delicious selection of fresh fruit and veggies served with an Anti-Pasto Platter</p>

Our Holy Redeemer Outside School Hours Care

311 Mont Albert Road

Surrey Hills

03 9898 5932

For bookings please email [oshp@ohrsurreyhills.catholic.edu.au](mailto:oshp@ohrsurreyhills.catholic.edu.au)

Permitted workers

This program is for permitted workers only. If we do not have your work permit, we will need this before your child/ren can attend the program.