



OUR HOLY REDEEMER

311 MONT ALBERT ROAD Telephone 9898 2315 Fax 9897 1137
SURREY HILLS 3127 Email ohradmin@ohrsurreyhills.catholic.edu.au
<https://twitter.com/OHRLearning>

Principal
Frank Dame

Parish Priest
Brendan Reed

Newsletter No 2
4th February 2021

*"One child, one teacher, one pen
and one book can change the world."*

Malala Yousafzai

DATES TO REMEMBER

MONDAY, 8 TH	8.45 AM	ASSEMBLY
TUESDAY, 9 TH		ALL PREPS ATTEND
WEDNESDAY, 10 TH		NO PREPS
THURSDAY, 11 TH		ALL PREPS ATTEND
	1.30PM	PARENT/TEACHER CONFERENCES
MONDAY, 15 TH	8.45 AM	ASSEMBLY PREPS WELCOME ASSEMBLY
WEDNESDAY, 17 TH		ASH WEDNESDAY
		NO PREPS
MONDAY, 22 ND	8.45AM	ASSEMBLY
TUESDAY, 23 RD	7.30PM	PSEB MEETING
WEDNESDAY, 24 TH		NO PREPS
	7.30PM	PFA MEETING
FRIDAY, 26 TH		P/1/2 PARENT EVENING IN THE OHR SCHOOL GROUNDS
SATURDAY, 27 TH		SURREY HILLS MINI MUSIC FESTIVAL
SUNDAY, 28 TH		WORKING BEE #1
PLEASE NOTE: FRIDAY, 5 TH MARCH		SCHOOL CLOSURE DAY STAFF DEVELOPMENT DAY

FROM THE PRINCIPAL

Dear Parents and Parishioners,

As the school year begins, at OHR we will continue to foster social and emotional learning. We believe that at the heart of our community parents and students need to feel safe and connected to one another.

According to Dr Lina Di Paolo, Team Leader, Student Wellbeing at Melbourne Archdiocese Catholic Schools, *'For children, adults and families alike, the start of a new school year brings a range of emotions. From the excitement and anticipation of starting afresh to the uncertainty and worry associated with forming friendships, and coping with new learning environments, subjects, teachers and academic expectations.'*

'Essentially, social and emotional learning focuses on nurturing resilience in learners so they are better able to navigate challenges and respond to adversity with a "growth mindset", says Dr Di Paolo. 'Resilient students demonstrate an ability to adapt and "bounce back" from life's inevitable ups and downs. They're also able to regulate emotions, use creative problem-solving skills and draw on a range of coping strategies from their toolkit.'



Tips for promoting resilience

In the classroom and at home, teachers and parents can promote resilience by:

- establishing connections with other children and supportive adults to help develop empathy and a broader support network
- encouraging children to help others as this enables feelings of empowerment
- teaching children how to set aside or 'take a break' from excessive worrying by modelling good self-care strategies including exercise, relaxation and fun
- helping children identify reasonable goals and how to take steps towards them, one step at a time. This helps to focus on what has been accomplished rather than what has not
- nurturing a positive self-view by reminding children of the ways they have handled difficulties and hardships in the past, and connecting their past successes with future potential
- encouraging children to keep things in perspective rather than catastrophising – especially when they are stuck on something negative or challenging.

The First Day for our Preps

Our Prep (Foundation) children commenced their first day of primary school on Monday. A staggered start was arranged for the morning, enabling small groups of proud mask-wearing parents into the classroom to witness and record this milestone event. Mrs Hart, Mrs Hautot and Mrs Hollow enthusiastically welcomed each child, took family photos and settled the children into their first activity. The parents were each provided with a small welcome pack containing items to get them through the first day.

As the children settled into their first day of school, their parents gathered in the hall foyer for a morning cuppa and a catch up; some were overheard sharing plans of how they would spend the rest of the day together ... going out to lunch. Nice.



Assembly

The first school assembly for the year will be held in the Hall at 8.45am this Monday. This will be the first time all the students have gathered together in the Hall since last March! This will also be the first assembly attended by our Preps.

Unfortunately, due to density limits, parents will not be able to attend, however, the assembly can be accessed live via Google Meet or at a later time by viewing the recording.

Commissioning Mass for the Parish

Due to restrictions with the number of students and adults that are currently permitted in churches, Father Brendan has determined that we are unable to proceed with the Commissioning Mass of all Staff and Student Leaders that was originally scheduled for Sunday 14 February.

Instead, there will be a smaller Commissioning Mass for the Parish at 6.00pm this Saturday 6 February, where members of the parish will be publicly commissioned in their role of service. Father Brendan would like to see this as an opportunity to publicly commission a smaller representation of students, including the School Captains and Vice Captains, and the five adult members of the School Leadership Team comprising Cara Mitchell, Nicky Dunne, Mary Dening, Nick Byrne and myself.

On a date, yet to be advised, the school students and staff will come together for a Whole School Mass where all the staff will be commissioned in their role of service to our parish school of Our Holy Redeemer. As part of this significant celebration, our Year 6 School Captains, Portfolio Leaders and House Captains will also be presented and blessed before the school.

Our 2021 Captains and Leaders comprise:

School Captains Elizabeth H and William W	School Vice Captains Matilda D and Nicholas R
Clarke House Captains Zac C and Madeleine S	Fraser House Captains Isabelle M and Max W
Jackson House Captains Phoenix B and Brady H	Perkins House Captains Elizabeth H and Matilda P
RE / School Parliament Leader Eddy O	The Arts / Library Leaders Emily D and Ilia P
Sustainability / Kitchen Garden Leader Dean L	

Mrs Dioguardi

As noted in last week's Newsletter, over the January break Mrs Melissa Dioguardi reluctantly decided to retire as specialist teacher of Sustainable Gardening due to family reasons. This was not an easy decision for Melissa as she loves working with our children and staff. I am grateful that Melissa will still voluntarily maintain the school's fruit and vegetable gardens, where she has invested so much time and passion. The children will still be able to see Melissa and assist her with the gardens when she is at the school over lunchtimes.

During her years with us, Mrs Dioguardi has taught Performing Arts across the school and in more recent times has been responsible for securing grants to enable the establishment of the Sustainable Gardening program. The students, parents and staff have always been swept up by her enthusiasm, whether working in the Arts or toiling in the gardens.

Mrs Dioguardi will be missed by the staff and students of OHR, although I am grateful that we will still see her tending to the gardens from time to time. I am sure that you will join with me in wishing Melissa well as she commits herself fully to her family.



Important: Supervision Before & After School

The children are supervised before school by teaching staff from 8.25 – 8.40am. Commencing at 8.30am, the children may enter their classroom and begin setting up for the day as long as their teacher is in attendance. In the interest of child safety, we request that **children are not dropped off at school any earlier**. Teaching staff are not scheduled for playground supervision until 8.25am as they are regularly involved in meetings, preparation and administration.

The children are dismissed at 3.15pm, with staff supervision in the school grounds extending from 3.15pm – 3.30pm. We kindly request that all children be collected by 3.30pm as staff are often

involved in a variety of meetings commencing at this time. At 3.30pm, the staff on Yard Duty will call for any students who have not been collected by their parents or guardians to gather in the school entrance foyer.

Please note the following:

- Children are allowed to play on the Junior Playground equipment between the times of 8.25 – 8.40am and 3.15 – 3.30pm, but not in the sandpit nor on the Middle/Senior Playground Equipment at the Northern end of the grounds.
- In the interest of everyone's safety, ball games **are not** to be played before or after school between the times of 8.25 – 8.40am and 3.15 – 3.30pm.
- Children should never wait to be picked up in York Street. They should always be collected by an adult from within the school grounds.



Prep and Years 1 & 2 Parent Gathering

We greatly appreciate the generosity of Bec and Stephen Capello for kindly offering to host the P/1/2 (Prep and Years 1/2) Parent Gathering at their home on Friday 26 February. These evenings are a great way to gather and mix with other parents, and provide a more intimate environment for new families to foster those important friendships.

However, due to the current cap on visitors allowed in family homes (30 people), such an event cannot proceed at the Capello's house. Instead, we have decided to host the event for parents on the school grounds. Further details will be sent home shortly.

Mobile Phone Policy

Our Student Mobile Phone Usage Policy applies to students and student mobile phones brought onto school premises during school hours. While the policy does discourage students from bringing personal mobile phones to school, it does acknowledge that some students may bring a personal mobile phone to school, particularly if they are travelling independently to and from school.

The policy does state that mobile phones are not permitted for use at Our Holy Redeemer during school hours:

- Students who choose to bring personal mobile phones to school must switch them off and prior to the commencement of the school day and leave them at the Administration Office.
- When emergencies occur, parents or carers should reach their child by calling the school's office.

School Closure ^[1]_[SEP]

Our first school closure day for staff professional learning will be held on **Friday 5 March**. This is the Friday leading into the Labour Day long weekend. Scheduling the school closure on this day may enable some families to get away for a longer weekend. ^[1]_[SEP]

Child Safety

In accordance with Ministerial Order No. 870 all parent volunteers are required to complete and return to the school office signed copies of:

- Volunteer Duty Statement
- Child Safety Code of Conduct

Both documents were emailed to parents last Friday.

Thank you to all parents who have promptly completed these forms and returned them to Trish in the school office. It is essential that all parents attend to this task promptly. If you have completed these previously, within the last five years, there is no need to re-submit these documents.

A current *Working With Children Check* needs to be brought to the office in order that it can be verified and photocopied. **The Card must be displayed at all times when volunteering at school in any capacity.**



Anaphylaxis Management

The following outlines the responsibilities of parents and guardians in relation to the management of Anaphylaxis as determined by Ministerial Order 706, as reflected in OHR's Anaphylaxis Management Policy:

Parents / Carers are responsible for ensuring that health information provided to the School is up to date and reviewed regularly to ensure that the accuracy of this information is maintained.

An Anaphylaxis Management Plan must be completed by the attending Medical Practitioner and supplied to the school by the parents and guardians:

- » *Annually, at the beginning of the school year;*
- » *At any time the medical management of the allergy is changed;*
- » *Immediately after a student has an anaphylactic reaction at school;*
- » *If a student is wishing to travel overseas or interstate as part of a school excursion or camp.*

The Anaphylaxis Management Plan, must be in the regulation Australasian Society of Clinical Immunology and Allergy (ASCIA) colour and, clearly state what the child is allergic to and what medication should be administered if an anaphylactic reaction occurs (the Action Plan).

The School will ensure that Parents / Carers are made aware that their child's Anaphylaxis Management Plan and accompanying photo will be displayed at various locations throughout the School for the sole purpose of informing all staff members of the allergy and to assist in an emergency response. A photo board will be displayed in the First Aid Room to alert staff of all students who are at risk of anaphylactic reaction.

It is the responsibility of Parents / Carers to:

- » *Provide an ASCIA Action Plan;*
- » *Inform the school in writing if their child's medical condition, in so far as it relates to allergy and the potential for anaphylactic reaction, changes, and where relevant provide an updated ASCIA Action Plan;*
- » *Have the ASCIA plan reviewed by / updated by a Medical Practitioner annually:*
 - *The colour photo for the plan should be updated annually as part of the process.*
- » *Provide the School with an adrenaline auto injector that is current and not expired for their child.*
- » *Our Holy Redeemer Primary School will provide spare adrenaline auto injectors for general use.*

Wishing you a great weekend,
Frank Dame

RE NEWS

Sunday Gospel

The liturgy of the Catholic Church provides a framework for reflection which is used by Catholics throughout the world. Each week in the newsletter, you will find the Sunday Gospel as well as some discussion questions to have with your child/ren.

Nick Byrne, Education in Faith Leader

A reading from the holy Gospel according to Mark

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.'

He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.



The Gospel of the Lord

DISCUSSION QUESTIONS

1. Who has a friend who was once sick?
2. How did your friend get better?
3. What could you do when someone you know is sick?
4. In today's gospel what did Jesus do when sick people were brought to him?
5. Jesus showed compassion to those who were in need. What does 'compassion' mean?
6. Who should we show compassion to?

We pray that we will think of others before ourselves this week and show compassion to others.

NEWS FROM THE LRC

Chess in 2021

OHR is known as a chess school, and as we begin the new year I am excited to once again be involved with Northern Star Chess to offer classes which will commence at lunchtimes on February 11th and run for six weeks.

Northern Star tutors are very experienced and no matter what standard your child is, they will be accommodated.

The cost will be \$60 for the six lessons.

I cannot recommend the game of Chess highly enough as a fun way to develop strategic thinking, spatial awareness and problem solving, so please encourage your child to give it a go in 2021.

To enrol your child, please complete the form and return it to school, or email me lgole@ohrsurreyhillscatholic.edu.au before Thursday 11th.

HELP WANTED

I am looking for some parents to help with covering books. This job is a way of helping the school if you are unable to be here in person.

How it works is that I send a bag of books with the appropriate covering materials home and you complete the task in your own time.

Please email me lgole@ohrsurreyhillscatholic.edu.au if you are able to assist.

Thanking you in advance.

Leone Gole – Library Technician

2021 CHESS ENROLMENT FORM

Please enrol my child in the chess program on Thursdays at lunchtime.

My child is (please circle) : Beginner Experienced

Child's Name:

Class level:

Parent Name:

Email:

Phone:

COMMUNITY NEWS

Surrey Clothing



facebook.com/stationstreetboxhill
to receive updates on our sales and opening hours



Shop opening hours:
Monday - Friday 10am - 5pm



Closed for public holiday:

Monday, 8th March

Monday, 14th June

Friday, 2nd April

Monday, 5th April

Tuesday, 6th April

Open the following Saturdays: 10am - 1pm

6th Feb

6th March

17th April

1st May

5th June

10th July

To stay open, we need to remain COVID safe - COVID safe regulations are in place and still apply.

Order online for click & collect or delivery. Flat rate home delivery and free delivery to the school every Thursday available.

Shop online for free delivery to school

www.surreyclothing.com.au

Using your school login: username: OHR password: OHR

Home delivery is available for a

flat rate of \$15

OUR HOLY REDEEMER PRIMARY UNIFORM

424 Station Street, Box Hill, Vic 3128

P: (03) 9890 3487

admin@surreyclothing.com.au