



OUR HOLY REDEEMER

311 MONT ALBERT ROAD
SURREY HILLS 3127

Telephone 9898 2315

Fax 9897 1137

Email ohradmin@ohrsurreyhillscatholic.edu.au

 <https://twitter.com/OHRLearning>

Principal
Frank Dame

Parish Priest
Brendan Reed

Newsletter No 28
2nd September 2021

A very happy Fathers' Day this Sunday to all our dads and father figures in our lives.

DATES TO REMEMBER

FRIDAY, 3 RD SEPTEMBER	OHR CHILDREN'S DISCO – POSTPONED TERM 4
MONDAY, 13 TH	SCHOOL NURSE VISIT
TUESDAY, 14 TH	SCHOOL NURSE VISIT
FRIDAY, 17 TH	FOOTY COLOURS DAY
	1.00PM TERM 3 CONCLUDES
OCTOBER	
MONDAY, 4 TH	8.40AM TERM 4 COMMENCES HOPEFULLY WITH A RETURN TO ON-SITE LEARNING
FRIDAY, 8 TH	OHR PUBLIC SPEAKING FINAL
FRIDAY, 15 TH	YR3/4 CRICKET DAY
TUESDAY, 19 TH	<i>ABOUT REAL LIFE</i> FAMILY SESSION – YEARS 3 AND 5
WEDNESDAY, 20 TH	PREP2022 TRANSITION AFTERNOON # 1
SUNDAY, 24 TH	WORKING BEE #4
TUESDAY, 26 TH	OHR SAC MEETING

FROM THE PRINCIPAL

Dear Parents and Parishioners,

National Child Protection Week is recognised from 5 – 11 September. The theme for 2021 is: **Every child, in every community, needs a fair go. To treat all of Australia's children fairly, we need to make sure every family and community has what kids need to thrive and be healthy.**

Minor, everyday stresses are a healthy part of child development, but major stressors can have a long-term effect on children's brain development and even on their physical health. Severe adversity that lasts over long periods of time can send the body's stress systems into permanent high alert, flooding the body's vital organs and the brain with stress hormones. This 'toxic stress' response can derail healthy development and has even been linked to adult health problems like heart disease and diabetes.

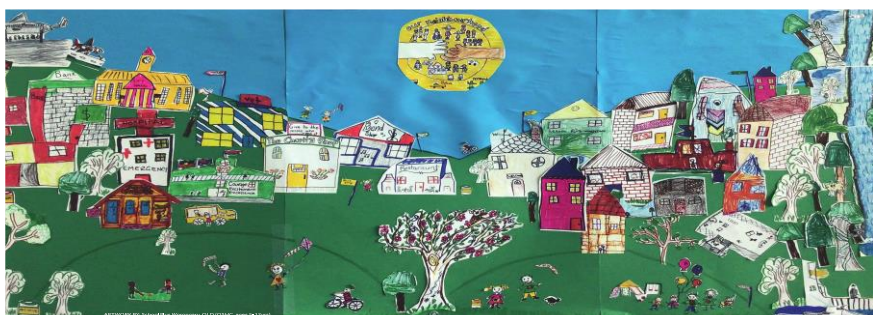
The environment in which a child lives can be the source of significant stress or support for children. For instance, living in a community with not enough jobs, with poverty, or with high rates of abuse and violence creates stress that can stop children from getting a strong foundation for life.

When we address these root causes of stress, we create healthier communities for everyone, particularly children.

Research tells us there is a powerful source of protection against the long-term negative effects of adversity on children. What is it? Stable, supportive relationships with caring adults. These relationships actually buffer them from toxic stress, softening and moderating the biological stress response.

Further in today's Newsletter is a brochure entitled, "Listening to Children" which may prove to be helpful.

EVERY CHILD IN EVERY COMMUNITY NEEDS A FAIR GO



NATIONAL CHILD PROTECTION WEEK

5 - 11 September 2021

SUPPORTED BY DEPARTMENT OF SOCIAL SERVICES

NAPCAN NATIONAL ASSOCIATION OF
CHILD PROTECTORS

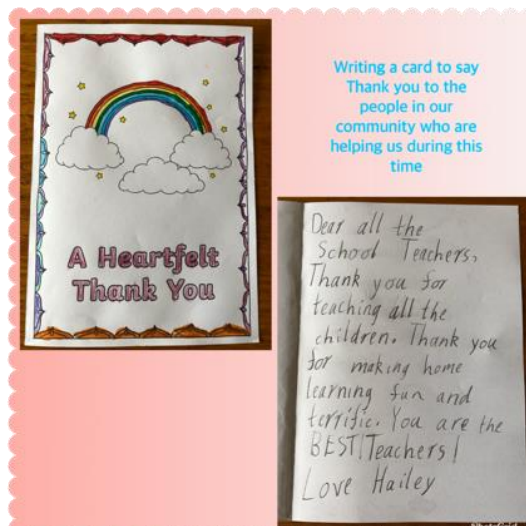
Find out more
www.napcan.org.au

Preps Learning from Home

All our Prep children have been busily adapting to new ways of learning from home with the wonderful assistance of their parents. Below are a selection of images capturing some of the learning that has taken place.



Maxwell drawing Muff the Puffer during Sound waves



A beautiful message of thanks from Hailey



Dilan completing 'An Art Hub directed drawing of a frog



Emme chooses from the great selection of online books to read and "records herself"



Yvie loved getting a little messy with Fizzing Colours during Science



Took Maths outdoors looking for 3D shapes



Mia enjoying an activity while on Sunshine Online



Harrison dressed as Optimus Prime during Book Week



Captain Daniel during Book Week. It's hard to press buttons on a device when you've got a sword for one hand and a hook for the other!

Prep Students Learning from Home





Aston learning with his new puppy



Tommy focussed on his learning



Charlie enjoying the marble run activity for Science



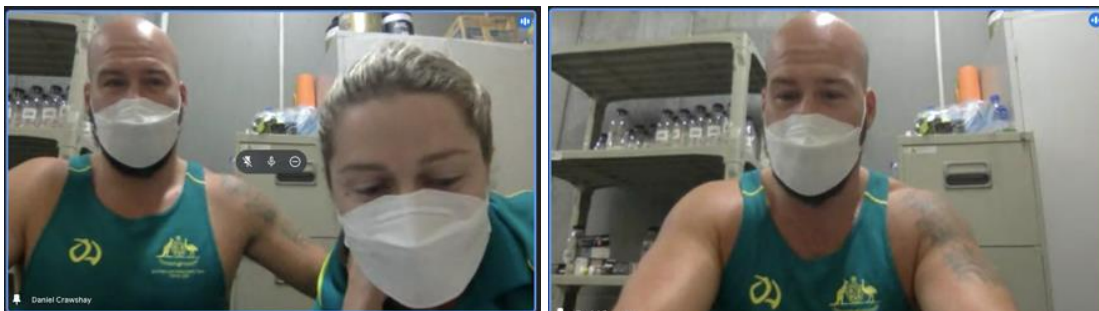
Isaac dressed in character for Book Week

Ryley Batt Joins Prep Meet

Through the combined efforts of Siobhan Crawshay and Mrs Hart, we had the pleasure of Ryley Batt's company in Tuesday's Prep Google Meet. Ryley and Siobhan joined the Meet from the Athletes Village in Tokyo.

Ryley spoke about his journey to becoming a successful wheel chair rugby Paralympian. He spoke very humbly about his achievement of becoming the Australian co-captain and of the joy to represent Australia with his team.

Ryley warmly engaged with the children as he answered many of their clever questions.



If you would like to learn more about Ryley or any of the members of the Australian Paralympic Team, just follow this link:

<https://www.paralympic.org.au/athlete/ryley-batt/>

Teens, COVID and the Lockdown Lifestyle

Our teenagers have been doing it hard in the pandemic. Leading adolescent psychologist Andrew Fuller offers them some advice and tips on how to get through it.

"If you are feeling 'over it', fed up, tetchy, grumpy, and not your usual sweet, lovely, agreeable self, it is completely understandable. This sucks. Totally."

Want to read more? Then just click on this link:

['This totally sucks!' Teens, COVID and the Lockdown Lifestyle - tips from Andrew Fuller](#)

Thank you to Chelsea Moore for sharing this article.

Trish is Taking Long Service Leave

Trish will be away during the last two weeks of this term and the first fortnight of next term as she takes some well-deserved Long Service Leave. Jackie will be in the office during Trish's absence.

PFA Italian Night

Molto bene! Molto bene! Cam Jackson and the PFA should be proud of the work completed in orchestrating last Saturday evening's Italian Night, in collaboration with local Italian restaurant *Il Sogno*. The mood was supported by a great menu, terrific matched wines, an entertaining quiz and word find, not to mention the accompanying play list.

This was the perfect event to lift the spirits of those in our community, while supporting a local business during a challenging time.



Siena College

Siena College would like to remind everyone that enrolments for 2022 and 2023 are currently open. Siena College does not provide academic scholarships but we do offer Equity Scholarships. We are hosting our second Giving Day on **Tuesday, 5 October**, raising funds for our Equity Scholarship Program. For 24 hours only, the *Give Possibility* campaign will aim to raise \$150,000 in our commitment to provide opportunities for girls from socially and economically diverse backgrounds.

The scholarships available are as follows:

- For a daughter of an alumna who requires financial support in order to attend Siena College
- A refugee or indigenous student
- A current or future student for a financial needs-based scholarship

Elizabeth Hanney - Principal



Celebrating the Season of Creation

The Season of Creation is an ecumenical celebration of Christians all around the world. It starts on Sept 1 with the World Day of Prayer and finishes on October 4, the feast of St Francis of Assisi. This year the theme is: *A Home for All? Renewing the Oikias of God; The image is Abraham's Tent – A Home for all, Welcome from God.*

Abraham and Sarah opened their tent as a home for three strangers, who turned out to be God's angels (Genesis 18). By creating a home for all, their act of radical hospitality became a source of great blessing. You may like to encourage students to pitch a tent in your school or their home for the Season of Creation to represent a tent for all creation. A [youtube](#) explaining the theme is via this link on the Season of Creation website:

<https://seasonofcreation.org/2021/08/17/christians-abraham-tent/>

Our Parishes have a [page](#) dedicated to the Season of Creation you can find via this link:

<https://www.cbdparish.org.au/parish-community/a-responsible-community/environment/season-of-creation/>

Each week we have a different area we are focusing on.

Week 1 is prayer and appreciation of Creation: Love of Creation - incentive to maintain and preserve what we have and provide a path to better stewardship of our what God has given us. Ideas to promote this are:

- We invite you to part of the World Day of Prayer with your school and sign up to a time of prayer on September 1 via the parish website:
 - o <https://www.cbdparish.org.au/parish-community/a-responsible-community/environment/season-of-creation/world-day-of-prayer-for-care-of-creation/>
- Sharing prayers and reflections – The artist and writer Betsey Crawford has some beautiful poems, prayers and photos to help celebrate the Season of Creation. The link to her website is here:
 - o <https://thesouloftheearth.com/attention-is-reverence-celebrating-the-season-of-creation/>
- Share the explanatory youtube on the theme via this link on the Season of Creation website:
 - o <https://seasonofcreation.org/2021/08/17/christians-abraham-tent/>

In the next few weeks we are making suggestions to our parishioners and hope you can join in. We will forward the information to you, we are conscious that the school term ends on Sept 17 and hope to have the details for the next weeks ready soon.

The areas we are focussing on, and a brief summary are:

Week 1 - Love of Creation - incentive to maintain and preserve what we have and provide a path to better stewardship of our what God has given us (as detailed above)

Week 2 - No Time to Waste! Lighter Footprints - Reducing Waste and Using Less

Week 3 - Cleaner Environment - Encourage walking and cleaning up any litter found – Promotion and signing of [Healthy Planet Petition](#)

Week 4 - More Sustainable Living - Buying sustainably sourced and produced food, planting a tree, veggie patch or herb garden

We look forward to keeping in touch during the Season of Creation. Please do not hesitate to contact us if you have any questions or other thoughts for us.

Best wishes,

Julie Douglas on behalf of the ESG Committee at the parishes of CBD SHWP

Wishing everyone a good weekend and a great Fathers' Day,
Frank Dame

RE NEWS

Sunday Gospel

The liturgy of the Catholic Church provides a framework for reflection which is used by Catholics throughout the world. Each week in the Newsletter, you will find the Sunday Gospel as well as some questions for discussion with your child/ren.

Nick Byrne, RE Leader

A reading from the holy Gospel according to Mark

Returning from the district of Tyre, Jesus went by way of Sidon towards the sea of Galilee, right through the Decapolis region. And they brought him a deaf man who had an impediment in his speech; and they asked him to lay his hand on him. He took him aside in private, away from the crowd, put his fingers into the man's ears and touched his tongue with spittle. Then looking up to heaven he sighed; and he said to him, 'Ephphatha,' that is, 'Be opened.' And his ears were opened, and the ligament of his tongue was loosened and he spoke clearly. And Jesus ordered them to tell no one about it, but the more he insisted, the more widely they published it. Their admiration was unbounded. 'He has done all things well,' they said 'he makes the deaf hear and the dumb speak.'



The Gospel of the Lord

DISCUSSION QUESTIONS

1. Who has been sick and had to stay at home from school?
2. Who looked after you?
3. What did they do to make you feel better?
4. In today's gospel Jesus showed concern for someone who could not speak or hear. What did Jesus do?
5. Why did Jesus touch the man so that he could hear and speak?
6. Jesus showed how much he cared about people who were sick or in need. Who are the people in need that we should care about?

We pray that we will always be kind and care for people who are in need.

ADMIN NEWS

2021 SCHOOL FEES

Thank you to those families who have cleared or reduced their fee account debt over the past couple of weeks. Unfortunately, there are still more than 28 families who have yet to make any payments this 28 year and therefore we still have in excess of \$230,000 outstanding.

Would those families who are able, please make a payment – thank you. If you would like to change your payment options, please either give me a call, or send me an email.

Trish

P F A NEWS

Foodbank is Open

We just wanted to let everyone know that foodbank is open to any family during these difficult times.

These are very stressful circumstances for everyone and some families are struggling more than others. Foodbank is not just for families after births, illness or bereavement, it is for times like this, even if it's just for a week or two.

This is an amazing support service within our school community and I know families who have previously been recipients find it such an incredible help.

Please reach out to me on bexcapello@gmail.com or 0420554661 if you or someone you know in our school community is in need of this wonderful service.

Bec Capello
Foodbank Coordinator

Last call for applications for use of PFA funds, Italian Night wrap up and what's next...

1. Invitation for proposals for use of PFA funds

This is a final call for any applications for use of PFA funds to be considered in this year's process.

Proposals are due by this Saturday 4 September. An application form and relevant information was previously provided via email with the newsletter on 19 August and previously from the PFA account. Please email me on lauren.gardiner2@bigpond.com if you need a copy.

2. Italian Night

A big thank you once again to everyone from this community for your support of last Saturday's Italian Night. It was great to see so many school families, alumni and others from the community join us!

We loved all the photos shared to the Facebook event on the night and are pleased to announce two winning entries – each winning 2 bottles of wine for their fabulous photos:

- Katie McIntosh – wherever you are going, we want to come too!
- Chelsea, Stuart, Matisse and Mason Moore – a gorgeous collage of food, candles, flags and faces – thank you for sharing your night with us.

Head over to the OHR Parents and Friends Association Facebook page for more.

An added bonus to the great food, wine and fun were funds raised for the school - approximately \$2,500 in total. Yay!

A big thank you to members of the committee and other parents for their help – special mentions to Cam and Esther Jackson, Ben Brockhurst, Mandy Dominello, Lisa Cuteri, Katie and Dave McIntosh, Josephine Harrison and Spiro Vouzas.

3. What's next?

It's a great question and we'd love your thoughts on:

- an OHR PFA Mexican/Chinese/Modern Australian/something else night?
- doing something different – more entertainment, less food and wine?!?!?
- giving it a rest and regrouping when we can be face to face again?

Email Cam on camjackson@hotmail.com or me on lauren.gardiner2@bigpond.com with your thoughts and ideas.

Best wishes and hang in there everyone.

Lauren Gardiner
PFA President

PE NEWS



Fight Cancer
Foundation™

*Giving hope.
Saving lives.*

Thanks for registering for Footy Colours Day 2021

From the bottom of our hearts, thank you for joining the Footy Colours Day team to support kids with cancer during such uncertain times.

By hosting a Footy Colours Day event, you are helping kids with cancer keep up with school while they receive and recover from treatment.

2021 OHR FOOTY COLOURS DAY

Last day of Term

Friday September 17th

Please click here

[To Donate to this wonderful cause](#)

Please make a donation, big or small and if you don't mind please share the link with your family and friends.



PARISH NEWS

We would like to share what we are doing in our parishes for the Season of Creation and invite you to join in. Feel free to share any of this with your staff, school students and parents. If you are encouraging activities through school and at home, please let us know what you are doing.

The Season of Creation is an ecumenical celebration of Christians all around the world. This year the theme is: A Home for All? Renewing the Oikias of God; The image is Abraham's Tent – A Home for all, Welcome from God.

Abraham and Sarah opened their tent as a home for three strangers, who turned out to be God's angels (Genesis 18). By creating a home for all, their act of radical hospitality became a source of great blessing. You may like to pitch a tent in your school for the Season of Creation to represent a tent for all creation. A [youtube](#) explaining the theme is via this link on the Season of Creation website:

<https://seasonofcreation.org/2021/08/17/christians-abraham-tent/>

Our Parishes have a [page](#) dedicated to the Season of Creation you can find via this link:

<https://www.cbdparish.org.au/parish-community/a-responsible-community/environment/season-of-creation/>

Each week we have a different area we are focusing on.

Week 1 is prayer and appreciation of Creation: Love of Creation - incentive to maintain and preserve what we have and provide a path to better stewardship of our what God has given us.

Ideas to promote this are:

- We invite you to part of the World Day of Prayer with your school and sign up to time of prayer on September 1 via the parish website:
 - <https://www.cbdparish.org.au/parish-community/a-responsible-community/environment/season-of-creation/world-day-of-prayer-for-care-of-creation/>
- Sharing prayers and reflections – The artist and writer Betsey Crawford has some beautiful poems, prayers and photos to help celebrate the Season of Creation. The link to her website is here:
 - <https://thesouloftheearth.com/attention-is-reverence-celebrating-the-season-of-creation/>
- Share the explanatory *youtube* on the theme via this link on the Season of Creation website:
 - <https://seasonofcreation.org/2021/08/17/christians-abraham-tent/>

In the next few weeks we are making suggestions to our parishioners and hope you can join in. We will forward the information to you.

The areas we are focussing on, and a brief summary are:

Week 1 - Love of Creation - incentive to maintain and preserve what we have and provide a path to better stewardship of our what God has given us (as detailed above)

Week 2 - No Time to Waste! Lighter Footprints - Reducing Waste and Using Less

Week 3 - Cleaner Environment - Encourage walking and cleaning up any litter found – Promotion and signing of [Healthy Planet Petition](#)

Week 4 - More Sustainable Living - Buying sustainably sourced and produced food, planting a tree, veggie patch or herb garden

We look forward to keeping in touch during the Season of Creation. Please do not hesitate to contact us if you have any information.

Best wishes,

CBD SHWP ESG (Sustainability) Committee